



# HOOK. HUNT. HARVEST.

## Inspiring Applications For Your Menu

Welcome to the Fall edition of Hook. Hunt. Harvest. This publication features products from a collection of specialty companies designed for healthcare and restaurant food service customers.

Developed by product development Chef Karen Barnaby, each dish is informed by consumer dining trends and highlights opportunities to enhance your guest experience with seasonal, on-trend products that provide labour savings and additional benefits.

Today's operators are facing several challenges from rising food costs to a shortage of skilled talent. Talk to your sales representatives to find out how further processed proteins and produce and fully-cooked meats can save you time and money.



Intercity Packers® Meat & Seafood supports ranchers and fishers to sustainably source the best quality meats and seafoods which are carefully processed and packed in federally inspected HACCP certified facilities. We apply expert butchery techniques to provide custom protein solutions for food service customers and the aspiring home chef nationally.

[www.intercitypackers.ca](http://www.intercitypackers.ca)



JG® Fruits and Vegetables sources the best quality fresh fruits, vegetables and herbs locally and globally which are processed by industry experts following rigorous food safety standards. We specialize in personalized service and solutions tailored to your unique needs across Eastern Canada.

[www.jgfruitsetlegumes.com](http://www.jgfruitsetlegumes.com)



United Restaurant Supplies® sources a comprehensive selection of smallwares and equipment that great restaurant experiences are built on. From the kitchen to the table, we meet the full range of food service needs. We offer thousands of products that are stocked centrally and ready to ship across Canada on demand.

[www.united-rs.com](http://www.united-rs.com)



Fresh Start Foods® sources a full range of produce locally and globally. We select and prepare fresh cut, custom blends and specialty items in facilities that are SQF certified, adhering to the industry's highest food safety standards. Our experienced team of industry experts share a passion for providing the best in produce from the field to your table.

[www.freshstartfoods.com](http://www.freshstartfoods.com)

## Beef + Mushroom Pie with Root Vegetables

The ultimate comfort food dish—this beef + mushroom pie with root vegetables will be the perfect meal to keep you warm this fall. Featuring our pre-cut diced beef, and fresh-cut blend of versatile fall vegetables, these items will save the kitchen time, labor and waste.

This hearty meal is featured in the Igneous pie dish, part of a line of innovative Vitrified Stoneware designed for food and beverages. This dish has a subtle embossed design, combined with a rustic biscuit edge, these products are ideal for creative tabletop presentations.



100%  
Yield



Consistent  
Sizing



Ready-  
to-Use



Labour  
Saver



## Braised Short Ribs with Roasted Brussels Sprouts + Parsnip Puree

A gourmet meal made easy! Our Certified Angus Beef® fully cooked short ribs deliver big flavor with little work. Served with our fresh-cut brussels sprouts and parsnips, this dish reduces waste and offers consistency for every plate.

The featured Raku Topaz Blue plateware is part of the Studio Prints collection. Inspired by the traditional glazing process known as Raku firing, this collection has all the durability and technical reassurance required for the hospitality environment.



Fully  
Cooked



Reduce  
Waste



Ready-  
to-Use



Labour  
Saver





## *Top Sirloin Roast with Potato Gratin, Green Beans + Carrots*

Juicy and full of flavor, these top sirloin roasts are netted and oven-ready, making them a valuable time and labour-saver for busy chefs. The protein, paired with our fresh-cut carrots and green beans, save labour and reduce waste. All you need to do is season and cook to perfection!

The vegetable blend was prepared in our extremely durable cast iron dish from American Metalcraft, providing excellent heat conduction and retention, ensuring enjoyment by your guests. Cooking with cast iron is a time-honored tradition that is surging in popularity. Give your entrees an enhanced taste and your food presentations a rustic appeal!



Flavor



Labour  
Saver



Ready-  
to-Use



100%  
Yield

## Herbed Rack Chop with Apple, Yam + Green Beans

Satisfy diners seeking flavor and indulgence with our pre-seasoned, ready-to-cook herbed bone-in pork. Paired with fresh-cut yam and green beans, this dish is perfect for a holiday feature.

Inspired by Asian designs, the bright white color of this plate will add an air of sophistication to your cuisine. Using steep angles and a rounded design, this Fusion plate is designed to frame your food creations.



Flavor



Eye Catching



Ready-to-Cook



Labour Saver



## Atlantic Salmon Fillet with Snow Peas, Zucchini, Peppers + Cauliflower Rice

Ready-to-cook and perfectly portioned, this skin-on Atlantic salmon fillet keeps the kitchen preparation simple. Served on a bed of mixed vegetables and cauliflower rice—trending now on menus as a popular carb-friendly alternative.

This dish is served on the Wabi Sabi coupe plate, one of a line of organically inspired plateware.

Double-fired and hand glazed, these plates embody an imperfect style and a natural, semi-matte finish.



Ready-to-Cook



Consistent Sizing



Labour Saver



Ready-to-Use





## *Pork Belly Cobb Salad with Avocado and Grape Tomatoes on a bed of Mixed Greens*

Add freshness to your menu with a hearty Cobb salad loaded with our hand-selected avocado, cucumber and grape tomatoes on a bed of gourmet greens. Topped with our sous vide cooked pork belly, this dish is full of flavor and versatility.

The dish is shown in Raku Topaz Blue plateware, a part of the Studio Prints collection. Inspired by the traditional glazing process known as Raku firing, this collection has all the durability and technical reassurance required for the hospitality environment.



Fully  
Cooked



Versatile



Flavor



Reduce  
Waste

# FEATURED ITEMS + PAIRINGS

## INDIVIDUAL BEEF + MUSHROOM PIE

ITEM CODE	ITEM DESCRIPTION	PACK SIZE
1364020	Beef Diced AA+ Hand Cut Frozen	4 x 1.14kg
5817106	Harvest Vegetable Mix Blend	2 x 5lb
1301511	Basket Rectangular 2x18x12in Delfin	1 x 4un
1139678	Igneous Pie Dish Small 5.5"	1 x 6un

## BRAISED SHORT RIBS WITH PARSNIP PUREE + BRUSSELS

1296014	Beef Short Rib Boneless Ckd Braised Fzn	5 x 900g
1262330	Brussels Sprouts Trimmed Halves	2 x 5lb
1026824	Parsnip Chunk 1 1/2", Fresh	2 x 5lb
1065589	Vegetable Mirepoix Mix Blend	2 x 5lb
1350904	Bowl 40z 9.75in Raku Evolve Topaz BL	1 x 12un
1056550	Fork Dinner Euro Baguette 18/10 SS	1 x 12un

## TOP SIRLOIN ROAST WITH GREEN BEAN + CARROTS

1398083	Beef Roast TS Frozen	2 x 1.23kg
5328326	Carrot Stick 4"	2 x 5lb
3545706	Green Bean Snipped	2 x 5lb
1310933	Platter 11.5x9.38in Margarita Green	1 x 12un
1212219	Dish Baking 18.25z w/ Handles Cast Iron	1 x 8un
1104800	Knife Steak 9in Pistol Grip SS	1 x 12un
1056550	Fork Dinner Euro Baguette 18/10 SS	1 x 12un
1112529	Dish Sauce Dipping White	1 x 36un



# FEATURED ITEMS + PAIRINGS

## HERBED RACK CHOP WITH YAM + GREEN BEANS

ITEM CODE	ITEM DESCRIPTION	PACK SIZE
2057536	Pork Loin Chop C/C B/IN FR Frozen	16 x 285g
1222221	Apple Gala Royal Med 100-113CT	1 x 18.14kg
1297635	Yam Chunk 3/4"	2 x 5lb
3545706	Green Bean Snipped	2 x 5lb
1053989	Lemon Repack 140ct	1 x 12un
1128100	Plate Fusion Coupe 11.813in	1 x 12un
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1032421	Knife Steak 9in Pistol Grip	1 x 48un

## ATLANTIC SALMON FILLET WITH CAULIFLOWER RICE

1162306	Salmon Fillet 2-3lb Atl Cdn S/On PBO	1 x 5kg
1530306	Snow Pea	1 x 1.13kg
1050784	Zucchini + Red Pepper Vegetable Mix	2 x 5lb
1337383	Cauliflower Rice	2 x 2lb
1345747	Basil Vegan Pesto	1 x 1L
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1286422	Coupe Plate 11.25in Wabi Sabi Lichen	1 x 6un

## COBB SALAD ON MIXED GREENS WITH PORK BELLY

1284977	Pork Belly Sous Vide Cooked Fzn	4 x 800g
1345914	Spring Lettuce Salad Mix	2 x .68kg
1196089	Grape Tomato	1 x 10lb
1036433	Cucumber Sliced Half Moon 1/4"	2 x 2.27kg
1329534	RTU Avocado Stage 4	1 x 60un
1350904	Bowl 40z 9.75in Raku Evolve Topaz BL	1 x 12un
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1112529	Dish Sauce Dipping White	1 x 36un

