



HOOK. HUNT. HARVEST.

Inspiring Applications For Your Menu

Welcome to the Fall edition of Hook. Hunt. Harvest. This publication features products from a collection of specialty companies designed for healthcare and restaurant food service customers.

Developed by product development Chef Karen Barnaby, each dish is informed by consumer dining trends and highlights opportunities to enhance your guest experience with seasonal, on-trend products that provide labour savings and additional benefits.

Today's operators are facing several challenges from rising food costs to a shortage of skilled talent. Talk to your sales representatives to find out how further processed proteins and produce and fully-cooked meats can save you time and money.



Intercity Packers® Meat & Seafood supports ranchers and fishers to sustainably source the best quality meats and seafoods which are carefully processed and packed in federally inspected HACCP certified facilities. We apply expert butchery techniques to provide custom protein solutions for food service customers and the aspiring home chef nationally.

www.intercitypackers.ca



Fresh Start Foods® sources a full range of produce locally and globally. We select and prepare fresh cut, custom blends and specialty items in facilities that are SQF certified, adhering to the industry's highest food safety standards. Our experienced team of industry experts share a passion for providing the best in produce from the field to your table.

www.freshstartfoods.com



United Restaurant Supplies® sources a comprehensive selection of smallwares and equipment that great restaurant experiences are built on. From the kitchen to the table, we meet the full range of food service needs. We offer thousands of products that are stocked centrally and ready to ship across Canada on demand.

www.united-rs.com

Beef + Mushroom Pie with Root Vegetables

The ultimate comfort food dish—this beef + mushroom pie with root vegetables will be the perfect meal to keep you warm this fall. Featuring our pre-cut diced beef, and fresh-cut blend of versatile fall vegetables, these items will save the kitchen time, labor and waste.

This hearty meal is featured in the Igneous pie dish, part of a line of innovative Vitrified Stoneware designed for food and beverages. This dish has a subtle embossed design, combined with a rustic biscuit edge, these products are ideal for creative tabletop presentations.



100%
Yield



Consistent
Sizing



Ready-
to-Use



Labour
Saver



Braised Short Ribs with Roasted Brussels Sprouts + Parsnip Puree

A gourmet meal made easy! Our Certified Angus Beef® fully cooked short ribs deliver big flavor with little work. Served with our fresh-cut brussels sprouts and parsnips, this dish reduces waste and offers consistency for every plate.

The featured Raku Topaz Blue plateware is part of the Studio Prints collection. Inspired by the traditional glazing process known as Raku firing, this collection has all the durability and technical reassurance required for the hospitality environment.



Fully
Cooked



Reduce
Waste



Ready-
to-Use



Labour
Saver





Top Sirloin Roast with Potato Gratin, Green Beans + Carrots

Juicy and full of flavor, these top sirloin roasts are netted and oven-ready, making them a valuable time and labour-saver for busy chefs. The protein, paired with our fresh-cut carrots and green beans, save labour and reduce waste. All you need to do is season and cook to perfection!

The vegetable blend was prepared in our extremely durable cast iron dish from American Metalcraft, providing excellent heat conduction and retention, ensuring enjoyment by your guests. Cooking with cast iron is a time-honored tradition that is surging in popularity. Give your entrees an enhanced taste and your food presentations a rustic appeal!



Flavor



Labour
Saver



Ready-
to-Use



100%
Yield

Herbed Rack Chop with Apple, Yam + Green Beans

Satisfy diners seeking flavor and indulgence with our pre-seasoned, ready-to-cook herbed bone-in pork. Paired with fresh-cut yam and green beans, this dish is perfect for a holiday feature.

Inspired by Asian designs, the bright white color of this plate will add an air of sophistication to your cuisine. Using steep angles and a rounded design, this Fusion plate is designed to frame your food creations.



Flavor



Eye
Catching



Ready-
to-Cook



Labour
Saver



Atlantic Salmon Fillet with Snow Peas, Zucchini, Peppers + Cauliflower Rice

Ready-to-cook and perfectly portioned, this skin-on Atlantic salmon fillet keeps the kitchen preparation simple. Served on a bed of mixed vegetables and cauliflower rice—trending now on menus as a popular carb-friendly alternative.

This dish is served on the Wabi Sabi coupe plate, one of a line of organically inspired plateware.

Double-fired and hand glazed, these plates embody an imperfect style and a natural, semi-matte finish.



Ready-
to-Cook



Consistent
Sizing



Labour
Saver



Ready-
to-Use





Pork Belly Cobb Salad with Avocado and Grape Tomatoes on a bed of Mixed Greens

Add freshness to your menu with a hearty Cobb salad loaded with our hand-selected avocado, cucumber and grape tomatoes on a bed of gourmet greens. Topped with our sous vide cooked pork belly, this dish is full of flavor and versatility.

The dish is shown in Raku Topaz Blue plateware, a part of the Studio Prints collection. Inspired by the traditional glazing process known as Raku firing, this collection has all the durability and technical reassurance required for the hospitality environment.



Fully Cooked



Versatile



Flavor



Reduce Waste

FEATURED ITEMS + PAIRINGS

INDIVIDUAL BEEF + MUSHROOM PIE

| ITEM CODE | ITEM DESCRIPTION | PACK SIZE |
|-----------|--|-----------|
| 1378988 | Beef Diced CAB Frozen | 4 x 1kg |
| 1429066 | Autumn Vegetable Root Mix | 2 x 5lb |
| 1034364 | Eclipse Dinner Fork, 18/10 Stainless Steel | 1 x 12un |
| 1139678 | Igneous Pie Dish Small 5.5" | 1 x 6un |

BRAISED SHORT RIBS WITH PARSNIP PUREE + BRUSSELS

| | | |
|---------|---|----------|
| 1374187 | CAB Boneless Beef Short Rib, Cooked, Frozen | 8 x 750g |
| 1307113 | Brussels Sprouts Trimmed Halves | 2 x 3lb |
| 3418757 | Diced Parsnip 3/8", Fresh | 2 x 3lb |
| 1127461 | Vegetable Mirepoix 3/8" Mix | 1 x 25lb |
| 1350904 | Bowl 40z 9.75in Raku Evolve Topaz BL | 1 x 12un |
| 1056550 | Fork Dinner Euro Baguette 18/10 SS | 1 x 12un |

TOP SIRLOIN ROAST WITH GREEN BEAN + CARROTS

| | | |
|---------|---|------------|
| 1398083 | Beef Roast TS Frozen | 2 x 1.23kg |
| 1157850 | Sliced Potato 1/8" | 2 x 3lb |
| 1315029 | Green Bean Trimmed | 2 x 5lb |
| 1677405 | Carrot Stick 4" Premium | 2 x 3lb |
| 1212219 | Dish Baking 18.25z w/ Handles Cast Iron | 1 x 8un |
| 1104800 | Knife Steak 9in Pistol Grip SS | 1 x 12un |
| 1056550 | Fork Dinner Euro Baguette 18/10 SS | 1 x 12un |
| 1112529 | Dish Sauce Dipping White | 1 x 36un |
| 1310933 | Platter 11.5x9.38in Margarita Green | 1 x 12un |



FEATURED ITEMS + PAIRINGS

HERBED RACK CHOP WITH YAM + GREEN BEANS

| ITEM CODE | ITEM DESCRIPTION | PACK SIZE |
|-----------|--|-----------|
| 1188232 | Pork Chop 2 Bone 12-14z French Frozen | 12 x 375g |
| 1112766 | Apple Gala Diced 3/8" Skin On | 2 x 3lb |
| 1220454 | Yam Cube 1" | 1 x 25lb |
| 1315029 | Green Bean Trimmed | 2 x 5lb |
| 1201176 | Lemon Fancy 24ct | 1 x 8lb |
| 1128100 | Plate Fusion Coupe 11.813in | 1 x 12un |
| 1034364 | Eclipse Dinner Fork, 18/10 Stainless Steel | 1 x 12un |
| 1032421 | Knife Steak 9in Pistol Grip | 1 x 48un |

ATLANTIC SALMON FILLET WITH CAULIFLOWER RICE

| | | |
|---------|--|----------|
| 1499006 | Salmon Fillet 3-4lb Atl Cdn S/On PBO | 1 x 5kg |
| 1422689 | Snow Pea | 1 x 10lb |
| 1274595 | Zucchini 1/2in Angle Cut Half Moon | 2 x 3lb |
| 1274563 | Pepper Red Julienne 1/4in | 2 x 3lb |
| 1359596 | Cauliflower Rice | 3 x 2kg |
| 1034364 | Eclipse Dinner Fork, 18/10 Stainless Steel | 1 x 12un |
| 1286422 | Coupe Plate 11.25in Wabi Sabi Lichen | 1 x 6un |

COBB SALAD ON MIXED GREENS WITH PORK BELLY

| | | |
|---------|--|----------|
| 1284977 | Pork Belly Sous Vide Cooked Fzn | 4 x 800g |
| 1108561 | Tuscan Salad Mix | 3 x 2lb |
| 1196089 | Grape Tomato | 1 x 10lb |
| 1147405 | English Cucumber Med 12ct HH | 1 x 12un |
| 1081944 | RTU Avocado | 1 x 20un |
| 1350904 | Bowl 40z 9.75in Raku Evolve Topaz BL | 1 x 12un |
| 1034364 | Eclipse Dinner Fork, 18/10 Stainless Steel | 1 x 12un |
| 1112529 | Dish Sauce Dipping White | 1 x 36un |

