



HOOK. HUNT. HARVEST.

Inspiring Applications For Your Menu

Welcome to the Fall edition of Hook. Hunt. Harvest. This publication features products from a collection of specialty companies designed for healthcare and restaurant food service customers.

Developed by product development Chef Karen Barnaby, each dish is informed by consumer dining trends and highlights opportunities to enhance your guest experience with seasonal, on-trend products that provide labour savings and additional benefits.

Today's operators are facing several challenges from rising food costs to a shortage of skilled talent. Talk to your sales representatives to find out how further processed proteins and produce and fully-cooked meats can save you time and money.



Intercity Packers® Meat & Seafood supports ranchers and fishers to sustainably source the best quality meats and seafoods which are carefully processed and packed in federally inspected HACCP certified facilities. We apply expert butchery techniques to provide custom protein solutions for food service customers and the aspiring home chef nationally.

www.intercitypackers.ca



Fresh Start Foods® sources a full range of produce locally and globally. We select and prepare fresh cut, custom blends and specialty items in facilities that are SQF certified, adhering to the industry's highest food safety standards. Our experienced team of industry experts share a passion for providing the best in produce from the field to your table.

www.freshstartfoods.com



United Restaurant Supplies® sources a comprehensive selection of smallwares and equipment that great restaurant experiences are built on. From the kitchen to the table, we meet the full range of food service needs. We offer thousands of products that are stocked centrally and ready to ship across Canada on demand.

www.united-rs.com

Beef + Mushroom Pie with Root Vegetables

The ultimate comfort food dish—this beef + mushroom pie with root vegetables will be the perfect meal to keep you warm this fall. Featuring our pre-cut diced beef, and fresh-cut blend of versatile fall vegetables, these items will save the kitchen time, labor and waste.

This hearty meal is featured in the Igneous pie dish, part of a line of innovative Vitrified Stoneware designed for food and beverages. This dish has a subtle embossed design, combined with a rustic biscuit edge, these products are ideal for creative tabletop presentations.



100%
Yield



Consistent
Sizing



Ready-
to-Use



Labour
Saver



Braised Short Ribs with Roasted Brussels Sprouts + Parsnip Puree

A gourmet meal made easy! Our Certified Angus Beef® fully cooked short ribs deliver big flavor with little work. Served with our fresh-cut brussels sprouts and parsnips, this dish reduces waste and offers consistency for every plate.

The featured Raku Topaz Blue plateware is part of the Studio Prints collection. Inspired by the traditional glazing process known as Raku firing, this collection has all the durability and technical reassurance required for the hospitality environment.



Fully
Cooked



Reduce
Waste



Ready-
to-Use



Labour
Saver



Top Sirloin Roast with Potato Gratin, Green Beans + Carrots

Juicy and full of flavor, these top sirloin roasts are netted and oven-ready, making them a valuable time and labour-saver for busy chefs. The protein, paired with our fresh-cut carrots and green beans, save labour and reduce waste. All you need to do is season and cook to perfection!

The vegetable blend was prepared in our extremely durable cast iron dish from American Metalcraft, providing excellent heat conduction and retention, ensuring enjoyment by your guests. Cooking with cast iron is a time-honored tradition that is surging in popularity. Give your entrees an enhanced taste and your food presentations a rustic appeal!



Flavor



Labour
Saver



Ready-
to-Use



100%
Yield

Herbed Rack Chop with Apple, Yam + Green Beans

Satisfy diners seeking flavor and indulgence with our pre-seasoned, ready-to-cook herbed bone-in pork. Paired with fresh-cut yam and green beans, this dish is perfect for a holiday feature.

Inspired by Asian designs, the bright white color of this plate will add an air of sophistication to your cuisine. Using steep angles and a rounded design, this Fusion plate is designed to frame your food creations.



Flavor



Eye Catching



Ready-to-Cook



Labour Saver



Atlantic Salmon Fillet with Snow Peas, Zucchini, Peppers + Cauliflower Rice

Ready-to-cook and perfectly portioned, this skin-on Atlantic salmon fillet keeps the kitchen preparation simple. Served on a bed of mixed vegetables and cauliflower rice—trending now on menus as a popular carb-friendly alternative.

This dish is served on the Wabi Sabi coupe plate, one of a line of organically inspired plateware.

Double-fired and hand glazed, these plates embody an imperfect style and a natural, semi-matte finish.



Ready-to-Cook



Consistent Sizing



Labour Saver



Ready-to-Use





Pork Belly Cobb Salad with Avocado and Grape Tomatoes on a bed of Mixed Greens

Add freshness to your menu with a hearty Cobb salad loaded with our hand-selected avocado, cucumber and grape tomatoes on a bed of gourmet greens. Topped with our sous vide cooked pork belly, this dish is full of flavor and versatility.

The dish is shown in Raku Topaz Blue plateware, a part of the Studio Prints collection. Inspired by the traditional glazing process known as Raku firing, this collection has all the durability and technical reassurance required for the hospitality environment.



Fully Cooked



Versatile



Flavor



Reduce Waste

FEATURED ITEMS + PAIRINGS

INDIVIDUAL BEEF + MUSHROOM PIE

ITEM CODE	ITEM DESCRIPTION	PACK SIZE
1123717	Diced Beef Stew Meat, 1x1" Frozen	2 x 2.5kg
1429066	Autumn Vegetable Root Mix	2 x 5lb
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1139678	Igneous Pie Dish Small 5.5"	1 x 6un

BRAISED SHORT RIBS WITH PARSNIP PUREE + BRUSSELS

1374187	CAB Boneless Beef Short Rib, Cooked, Frozen	8 x 750g
1262328	Brussels Sprouts Trimmed Halves	4 x 5lb
3418757	Diced Parsnip 3/8", Fresh	2 x 3lb
1127461	Vegetable Mirepoix 3/8" Mix	1 x 25lb
1350904	Bowl 40z 9.75in Raku Evolve Topaz BL	1 x 12un
1056550	Fork Dinner Euro Baguette 18/10 SS	1 x 12un

TOP SIRLOIN ROAST WITH GREEN BEAN + CARROTS

1398083	Beef Roast TS Frozen	2 x 1.23kg
4306497	Sliced Potato 1/8"	1 x 25lb
1315029	Green Bean Trimmed	2 x 5lb
1677405	Carrot Stick 4" Premium	2 x 3lb
1212219	Dish Baking 18.25z w/ Handles Cast Iron	1 x 8un
1104800	Knife Steak 9in Pistol Grip SS	1 x 12un
1056550	Fork Dinner Euro Baguette 18/10 SS	1 x 12un
1112529	Dish Sauce Dipping White	1 x 36un



FEATURED ITEMS + PAIRINGS

HERBED RACK CHOP WITH YAM + GREEN BEANS

ITEM CODE	ITEM DESCRIPTION	PACK SIZE
1155349	Pork Chop 10z C/C FR Frozen	16 x 285g
4972837	Apple Gala Cubed 1 "	2 x 3lb
1220454	Yam Cube 1"	1 x 25lb
1315029	Green Bean Trimmed	2 x 5lb
1396062	Lemon Slices 3/16" Fresh	1 x 5lb
1128100	Plate Fusion Coupe 11.813in	1 x 12un
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1032421	Knife Steak 9in Pistol Grip	1 x 48un

ATLANTIC SALMON FILLET WITH CAULIFLOWER RICE

1338355	Salmon Atlantic Fillet s/on PBO 3-4lb Fresh	1 x 4.54kg
4307027	Snow Pea Trimmed	1 x 5lb
3444837	Zucchini 1/2in Angle Cut Split	2 x 3lb
3418947	Pepper Red Julienne 1/2in	2 x 3lb
1221525	Cauliflower Rice	3 x 2kg
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1286422	Coupe Plate 11.25in Wabi Sabi Lichen	1 x 6un

COBB SALAD ON MIXED GREENS WITH PORK BELLY

1284977	Pork Belly Sous Vide Cooked Fzn	4 x 800g
1108561	Tuscan Salad Mix	3 x 2lb
1196089	Grape Tomato	1 x 10lb
1147405	English Cucumber Med 12ct HH	1 x 12un
1081944	RTU Avocado	1 x 20un
1350904	Bowl 40z 9.75in Raku Evolve Topaz BL	1 x 12un
1034364	Eclipse Dinner Fork, 18/10 Stainless Steel	1 x 12un
1112529	Dish Sauce Dipping White	1 x 36un

